



Please Complete and Fax to: 800-807-1963

Or mail to:

Medical Staffers, LLC  
910 Brooks St.  
Missoula, MT 59801

Questions? 800-393-1559

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

### LABOR AND DELIVERY SKILLS CHECKLIST

The following checklist is used to assess your experience and skills and help us place you in the proper assignment. Please provide an accurate self-assessment of your skills using the following guidelines:

1. No experience
2. Limited Experience
3. Experienced
4. Highly Skilled
5. Able to teach and supervise

PROCEDURES AND SKILLS	1	2	3	4	5
Placenta previa					
Abruptio placenta					
Multiple gestation					
Malpresentations					
Premature labor					
Diabetes Mellitus					
Cardiac disease					
Asthma					
Infectious disease					
Hemorrhage					
Changes in pt behavior & appearance					
Decelerations, early, late, variable					
Tachycardia / Bradycardia					
Cystitis					
Sickle Cell Disease					
RH Incompatabilities					
Pyelonephritis					
Deviation from norm (edema, deep reflexes,					
Narcotics					
Analgesics					
Anticonvulsants					
Insulin					
Pitocin					
Anticonvulsants for preeclampsia					
Anticonvulsants for eclampsia					
Labor Suppressants (Ritodrine)					
Antibiotics					
NTG (Intra-op)					
Administer IM / SC Medications					
IM after delivery					
Monitor IV drips					
Oxytocin induction/augmentation					
Mag Sulfate therapy					
Start IV Lines					
Regulate IV					
Mix IV infusion using additives					
Discontinue peripheral IV					
Use IV infusion pumps					
Circ/scrub for postpartum tubal					
Assist with artificial rupture of membrane					
Assist w/ placement of fetal scalp electrodes					
Assist w/ placement of intrauterine pressure					

PROCEDURES AND SKILLS	1	2	3	4	5
Assist w/ fetal scalp blood sampling procedure					
Insert straight or foley catheter					
Perform vaginal exam & assess effacement,					
Provide care for pregnancy induced					
Provide care for preeclampsia					
Care for eclampsia (siezures)					
Infant CPR					
Intubation assistance					
Umbilical artery catheter insertion					
Mix resuscitation drugs and administer					
IM Narcan					
Assess & document of labor progression					
Status of membranes / fluid					
Assess & document fetal status					
Determine fetal position					
Contraction characteristics					
Auscultate FHTs					
Doptone (doppler ultrasound)					
Monitor uterine activity & FHR patterns					
Identify FHR patterns					
Variability / reactivity					
Institute blood & blood products					
External fetal monitoring (tocotransducer, u/s,					
Internal monitoring (connecting leads,					
Monitor blood & blood products					
Draw blood for lab studies					
Sterile technique relative to L&D					
Set up delivery table					
Set up cesarean table					
Circulate for cesarean section					
Scrub for cesarean section					
Forceps vaginal delivery					
General Anesthesia for C-section					
Local infiltration					
Respiratory status of newborn					
Eye prophylaxis					
Postpartum assessment - lochia					
PP episiotomy					
Use of Heparin Locks					
Conduct stress test (Oxytocin Challenge test)					
Conduct fetal activity					
Initiate post anesthesia recovery precautions					

## LABOR AND DELIVERY SKILLS CHECKLIST

PROCEDURES AND SKILLS	1	2	3	4	5
Breathing & relaxation techniques					
Position changes as needed					
Spontaneous vaginal delivery					
Labor room delivery					
Regional Anesthesia					
Suction infant					
Collect cord blood samples					
PP assessment fundus consistency &					
PP incision for cesarean					
Apply ice to perineum					
Coach in Psychoprophylactics					
Support, guide, labor coach					
Initiate post anesthesia recovery precautions					
I&O including testing for glucose, protein,					
Interventions during labor, provide comfort					
Perineal prep					
Care after rupture of membrane					
Obstetric Anesthesia, monitoring as indicated					
Epidural					
Physically examine newborn					
Infant identification, bracelet, footprints,					
Transfer to newborn nursery					
PP bladder distention					
Initiate fundal massage					
Foster parent, infant bonding					
Initiate post anesthesia recovery precautions					
Maternal status, vitals, according to stage					

**Age Appropriate Care:** The ability to adapt care to incorporate normal growth and development, adapt method and terminology of client instructions as it relates to the age and comprehension level of the client, and to ensure a safe environment - reflecting specific needs of the client and various age groups.

AGE	1	2	3	4	5
Newborn (birth- 30 days)					
Infant (30 days-1 year)					
Toddler (1-3 years)					
Preschooler (3- 5 years)					
School Age (5 -12 years)					
Adolescents (12-18 years)					
Young Adults (18-39 years)					
Middle Adults (39-64 years)					
Older Adults (64+ years)					

The information I have provided above is true and accurate to the best of my knowledge, and I hereby authorize Medical Staffers, LLC to release this checklist to any potential employer that is contracted with Medical Staffers, LLC.

Employee Signature \_\_\_\_\_

Name and Title (please print) \_\_\_\_\_

Date \_\_\_\_\_